

Grandmaster Sin Thé and the Shaolin-Do Association proudly present

# Hsing I Bear Seminar

## In-Person Seminar

Saturday, June 25th  
9:00 AM - 12:00 PM EDT

Sin Thé Karate School  
282 Gold Rush Rd.  
Lexington, KY 40503

## Online Seminar via Zoom

Sunday, June 26th  
2:00 PM - 4:00 PM EDT

The Zoom link will be emailed to everyone a day or two before the seminar.

For his annual summer seminar, Grandmaster Sin Thé has decided to teach the *Hsing I Bear* form. This form has two sections and twenty-four postures. It has very fluid movements for Hsing I and even has several circular Pa Ku style steps in it. Furthermore, the bear style will teach you to develop powerful hua ching striking by shaking your shoulders first. Grandmaster Sin says that it is more fluid and graceful than previous Pa Kua forms and yet more deadly than Hsing I!

There will be an in-person event on Saturday, June 25th and a virtual event via Zoom on Sunday, June 26th. The prices are the same and you can attend either in-person, online, or both! For those who attend in-person, there will be physical DVDs available for preorder to be handed out at the door. For those who attend the Zoom seminar and preorder a video, you will be emailed a link to download the video to your computer.

Please fill out the registration form and mail it to the address below. If paying by check, please make your check payable to "Shaolin-Do Association".

Shaolin-Do Association  
282 Gold Rush Road  
Lexington, KY 40503

\*Lifetime memberships must have been purchased directly from Grandmaster Sin Thé to count for free admission. Sorry, no refunds! The SDA reserves the right to refuse admittance to anyone for any reason.

## Registration for Hsing I Bear Seminar

\*\* For early registration, we must receive this form on or before Saturday, June 18th \*\*

Name : \_\_\_\_\_

Rank : \_\_\_\_\_

Address : \_\_\_\_\_

Phone # : \_\_\_\_\_

Email : \_\_\_\_\_

Instructor : \_\_\_\_\_

Please circle one option in each row below.	Early Registration	Late Registration	Lifetime Member*
<b>Registration</b>	\$85	\$95	FREE
<b>Video</b>	Physical DVD \$39.95	Digital Download \$39.95	No Video
<b>TOTAL</b>	\$		
Which seminar will you be attending?	In Person	Online (Zoom)	Both

Name on Card:
Credit Card #:
Exp Date:
Security Code:
Signature: